



# The National Survey of Children's Health

Overweight and Physical Activity Among Children:  
A Portrait of States and the Nation 2005

## Georgia

All statistics are based on parental reports.

National %	State %	
14.8	16.4	Percent of children who are overweight
21.9	20.1	Age 10-11
14.4	19.9	Age 12-14
10.7	10.1	Age 15-17
22.4	20.3	0-99% Federal poverty level
19.0	18.5	100-199% Federal poverty level
13.7	17.9	200-399% Federal poverty level
9.1	8.4	400% Federal poverty level or more
18.1	18.9	Male
11.5	14.0	Female
		Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week
71.3	69.1	
78.2	82.1	Age 10-11
74.2	71.2	Age 12-14
63.3	57.5	Age 15-17
76.8	72.7	Male
65.6	65.6	Female
		Percent of children who were on a sports team or took sports lessons during the past 12 months
58.6	53.5	
61.5	53.1	Age 10-11
61.6	58.5	Age 12-14
53.4	48.4	Age 15-17
62.1	58.5	Male
55.0	48.5	Female
72.9	73.7	Percent of children with at least one parent who exercises regularly